

Pre-operative instructions

for patients receiving Sedation

01

General pre-surgical instructions

- Brush your teeth prior to surgery
- Wear short-sleeve clothing and comfortable shoes (do not wear flip flops or heels)
- Plan for a soft diet for the recommended duration after your surgery
- If given permission to continue your prescribed medications, you may take them with a small sip of water
- Inform your surgeon if you feel ill, are heavily congested, have a productive cough, or experience nausea or diarrhea

02

Sedation/General Anesthesia instructions

- Follow all general instructions above
- No food or drinks (including water) should be consumed for 8 hours prior to surgery
- Ensure a responsible adult is present in the office during your surgery and available to drive you home afterward
- Minors (under age 18) must have a parent or legal guardian present at the time of surgery
- Do not wear jewelry, nail polish, or contact lenses. Our office can be chilly, so please bring a blanket with you if you get cold easily

For questions or concerns, please contact the office:

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